

# Changes to the alcohol and drug service

## Information for professionals



How to contact the  
**Inclusion** Isle of Wight team



**01983 526654**



**[www.inclusioniow.org](http://www.inclusioniow.org)**



**Inclusion is a national organisation that works with individuals, families and communities who are affected by drugs, alcohol, crime and mental health.**

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**Inclusion Isle of Wight provides a range of support for individuals affected by alcohol or drugs living on the Island. The service is free and confidential with a specialist young peoples service for those aged 24 and under and a specialist adult service for those aged 25 and over.**

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### **Who does Inclusion Isle of Wight support?**

**Inclusion Isle of Wight** is available to anyone living on the Isle of Wight who is affected by their own or someone else's use.

There are 3 parts to the service; a young peoples service supporting those aged under 25, an adult service for those aged 25 and over and a family and carer support service for those affected by someone else's use.

The service is free and confidential.

We are available to offer advice, information and take referrals for the service for individuals or professionals.

### **How to contact and refer to the service?**

**Inclusion Isle of Wight** has a single point of access for contact or referrals, either telephone us on 01983 526654 or email [inclusion.iow@nhs.net](mailto:inclusion.iow@nhs.net) for more information or to make a referral. Alternatively complete our online referral form on [www.inclusioniow.org](http://www.inclusioniow.org)

### **What will be available for your service users?**

Inclusion will provide the following services as part of **Inclusion Isle of Wight** which will be coordinated through a dedicated recovery worker providing one nominated point of contact for each service user:

- **Information and advice** which includes drugs and alcohol resources, self-help materials and a harm reduction information for all substances.
- **Health and wellbeing checks** to support physical and mental wellbeing.
- **Online access** to psychological therapy interventions and workbooks.
- **Needle exchange** providing access to clean equipment, safer injecting advice and Blood Borne Virus screening and vaccination.
- **Substitute prescribing** to assist in the stabilisation and management of an opiate or alcohol dependency
- **Detoxification** from opiates and alcohol
- **Practical support** regarding access to education, training, employment, housing, finance and debt advice.
- **Peer support and mutual aid** (AA-Alcoholics Anonymous, NA-Narcotics Anonymous, SMART-Self Management and Recovery Training) opportunities provided throughout the service.
- **Dedicated support for families and carers** via one-to-one and group support.



## Why refer to Inclusion Isle of Wight, what will be different?

Whilst Inclusion Isle of Wight will be building upon the work provided by IRIS, access to the new service will be simplified and the support available will be enhanced. There will be “no wrong door” for service user or professionals when accessing the service.

The key changes and benefits Inclusion Isle of Wight will offer are:

- **A single point of access (tel: 01983 526654; email: [inclusion.iow@nhs.net](mailto:inclusion.iow@nhs.net); web: [www.inclusioniow.org](http://www.inclusioniow.org))**
- Treatment and support will be available over the telephone and online
- **An integrated service for increased resilience**
- Accepting referrals for alcohol or drug treatment needs

**There will also be more to come:**

- **More variety in terms of the treatment options available; e.g. pre-detox groups and aftercare**
- Extended opportunities for volunteering, peer mentoring and involvement.
- **A new comprehensive group work programme.**
- Extended opening hours and community access points

## What next?

If you would like to:

- Make a referral from 1st December
- Discuss a potential referral
- Know more about **Inclusion Isle Of Wight** or discuss how the service can work with you more closely
- Receive **Inclusion Isle Of Wight** promotional materials for your service either for other professionals or your service users

Please contact us using the details below.



01983 526654



[InclusionIOW@mpft.nhs.uk](mailto:InclusionIOW@mpft.nhs.uk)



[www.inclusioniow.org](http://www.inclusioniow.org)

To keep up-to-date with the latest developments at **Inclusion Isle of Wight**, you can join our mailing list by emailing [Inclusioniow@mpft.nhs.uk](mailto:Inclusioniow@mpft.nhs.uk)

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