



Wessex Integrated Network Meeting

Agenda - 16th January 2020

Forest Lodge Hotel. Pikes Hill, Romsey Road. Lyndhurst. Hants.

SO43 7AS.

“Cognition and Anxiety in COPD “

How do we spot it and what can we do about it? - Chaired by Tom Havelock

Guest speakers will be

Dr Helen Aiston, Principal Clinical psychologist specialising in COPD

Dr Victoria Osman-Hicks, Consultant Psychiatrist, OPMH

Joyce Pang, Specialist nurse, Southampton Integrated COPD team

17.00 - 17.45 Steering group meeting - all and anyone welcome!

17:30 - 18:30 - Refreshments and networking

18:30- 20:30 Case based discussion lead by the speaker panel

- Introduction and case presentation
- COPD, anxiety and high healthcare service use
- Managing anxiety in people with COPD
- Recognising cognitive impairment in COPD
- Managing cognitive impairment in COPD

20:30- 21:00 Audience and panel discussion

To book your place, email tom.havelock@uhs.nhs.uk, including any dietary requirements

**This meeting will be kindly sponsored by GSK, Chiesi, Pfizer, TEVA UK Ltd., Trudell Medical, & Orion Pharma
They have a promotional stand at the event and have no influence on the lectures or agenda of the meeting.**