



DRUG ALERT

Unexpected & dangerous side effects reported Round blue pills – may have “10” or “DAN 5620” on them

Across the South East there are several reports of small, round, blue pills (which can stain the mouth and fingers), and may have “10” or “DAN 5620” on them, being sold as diazepam, a [benzodiazepine](#).

These are now in circulation across Southampton, Hampshire, the Isle of Wight, and Portsmouth

Consequences of taking this dangerous substance

Unexpected and dangerous side effects have been reported including hospitalisations and deaths.

Further information on benzodiazepines including harm reduction messages can be found at <https://www.drugwise.org.uk/benzodiazepines/>

Action to take

Circulate this information to relevant partners and service users with the following advice and signposting information;

Advise individuals to avoid taking these pills

Advise individuals that if they choose to take these drugs:

- **Avoid mixing with heroin, methadone, alcohol, or other drugs**
- **Do not take a whole pill – start slow**
- **Don't use alone**

Community substance misuse providers continue to offer support for those seeking help with alcohol or drug misuse problems. To find out more or make a referral please contact:

Hampshire	Under 25's https://www.catch-22.org.uk/services/hampshire-247-substance-misuse-support/ or phone 0800 599 9591
	25 and over: www.inclusionhants.org/ or phone 0300 124 0103
Isle of Wight	Under 25's & 25 and over : www.inclusioniow.org/ or phone 01983 526654
Portsmouth	Under 19's: https://www.portsmouth.gov.uk/ext/health-and-care/health/dass-drug-and-alcohol-support-service-for-young-people or phone 07951 497898 or 07557 753131
	Over 19's: https://ssj.org.uk/sub-service/recovery-hub/ or phone 023 9229 4573
Southampton	Under 25's: https://nolimitshelp.org.uk/get-help/health-wellbeing/drugs-and-alcohol/ or phone 02380 224 224
	25's and over : www.changegrowlive.org/drug-alcohol-service-southampton/info or phone 02380 717171