

Better Health

#### Availability of EpiPen<sup>®</sup> (Adrenaline) Auto-Injectors 0.15mg and 0.3mg

The prescription validation previously in place for EpiPen<sup>®</sup> Jr 0.15mg and EpiPen<sup>®</sup> 0.3mg no longer applies and stock can be ordered as normal.

Please visit www.epipen.co.uk for more information

What is available on the EpiPen® website?

## For Healthcare Professionals

The EpiPen® Healthcare Professional website provides healthcare professionals with an overview of the treatment of anaphylaxis, the signs and symptoms of an anaphylactic reaction and how to use EpiPen®, to assist in providing training and advice to patients prescribed EpiPen®.

www.epipen.co.uk/hcp

### **For Patients**

EPIPEN® EPIPENT

24 JUNE 2020 Availability of EpiPen® 0.15mg and 0.3mg Adrenaline Auto-Injectors

The EpiPen® patient website provides information to patients who have been prescribed EpiPen®, for the emergency treatment of anaphylaxis, as well as their family and carers.

The information provided on the website helps patients understand what causes anaphylaxis, and how to recognise the symptoms.

In addition, patients have access to information on how to use their EpiPen® as well as training support tools. A demonstration video is available, supporting information can be viewed, downloaded or requested and patients can order EpiPen®Trainer pens to help patients and those around them be prepared on how to use the EpiPen® in the event of a medical emergency.

Patients can also sign up for the EpiPen®Expiry Alert Service, and receive free reminders by text or email when their EpiPen® is about to expire.

## Why EpiPen®?

- Trusted for over 20 years to treat severe allergic reactions1
- User-friendly design
- EpiPen® has a 24-month shelf life from manufacture, and EpiPen® Jr a 19-month shelf life from manufacture2
- 3 second administration time
- Available as a twin pack
- Indicated for at risk patients<sub>2</sub>
- Weight classification in line with EAACI guidelines

The prescription validation previously in place for EpiPen® Jr 0.15mg and EpiPen® 0.2mg no longer applies and stock can be ordered as normal

| EpiPen <sup>®</sup> Auto-Injector | Adrenaline Concentration | Body Weight                                      | <b>K</b> |
|-----------------------------------|--------------------------|--|----------|
| EpiPen <sup>®</sup>               | 300mcg (0.3ml, 1:1000)   | ≥ 25kg (3 stone 13 lbs)                          |          |
| EpiPen <sup>⊛</sup> Jr            | 150mcg (0.3ml, 1:2000)   | 7.5kg - 25kg<br>(1 stone 3 lbs - 3 stone 13 lbs) |          |
|                                   |                          |  | -        |

When issuing patients with EpiPen®, it is important that they are trained on how to use the device as there are some difference between adrenaline auto-injectors (AAI). Patients and those around them should be aware of the how to use the AAI they have been prescribed.

#### **EpiPen® administration is shown below:**

Lie down with your legs slightly elevated or sit up if breathing is difficult.



Pull off Blue Safety Cap. Grasp EpiPen® in dominant hand, with thumb nearest blue cap and form fist around EpiPen® Pull off the blue safety cap. Remember: "Blue to the sky, orange to the thigh."

Jab Orange Tip. Jab the EpiPen® firmly into outer thigh at a right angle (90° angle). Hold firmly against thigh for 3 seconds. EpiPen® should be removed and safely discarded. The Orange needle cover will extend to cover the needle.



Position Orange Tip. Hold the EpiPen<sup>®</sup> at a distance of approximately 10cm away from the outer thigh. The orange tip should point towards the outer thigh.

Dial 999. Dial 999, ask for ambulance and state 'anaphylaxis'. Direct patients to www.epipen.co.uk for advice, information and a demonstration video on how to use EpiPen<sup>®</sup>.

Trainer pens (demonstration pens that do not contain a needle or any adrenaline) can be ordered by patients from www.epipen.co.uk or by healthcare professionals at www.mylanconnects.co.uk.

# People who have been prescribed an adrenaline auto-injector because of the risk of anaphylaxis should carry two with them at all times for emergency, on-the-spot use4.

To view the prescribing information, please click here

Adverse events should be reported. Reporting forms and information can be found at<u>www.mhra.gov.uk/yellowcard</u> or search for MHRA Yellow Card in the Google Play or Apple Store. Adverse events should also be reported to Mylan by phone: 0800 121 8267 or by email:<u>ukpharmacovigilance@mylan.com</u>

#### References

- 1. Data on file
- 2. EpiPen of Summary of Product Characteristics
- 3. Muraro et al, 2014. Anaphylaxis: Guidelines from the European Academy of Allergy and Clinical Immunology
- 4. -> <u>Gov.uk</u> Drug Safety Update. 2014. (v0.1) https://www.gov.uk/drugsafety-update/adrenalineauto-injectors-updatedadvice-after-europeanreview

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