



**Healthy Lifestyles
Isle of Wight**

Stop Smoking Training



Contact us today!

www.healthylifestylesiow.co.uk

We are very pleased to offer the following Stop Smoking Training (via Microsoft Teams).

Practitioner Update training:

This training is to update existing NCSCCT accredited advisors who are delivering a stop smoking service. Recommended for all advisors to attend at least once a year.

Tuesday 4th October (1pm – 4pm)

Level 2 Stop Smoking Practitioner training :

This training is for new stop smoking practitioners who have completed the online NCSCCT practitioner training.

Tuesday 8th Nov (9am – 5pm)

Friday 2nd Dec (9am – 5pm)

Very Brief Advice (VBA) training :

VBA encourages those who come into contact with smokers to confidently ask smoking status, advise on support available locally and act by referral to Healthy Lifestyles IOW.

Thursday 10th November (9.30am – 12.30pm)

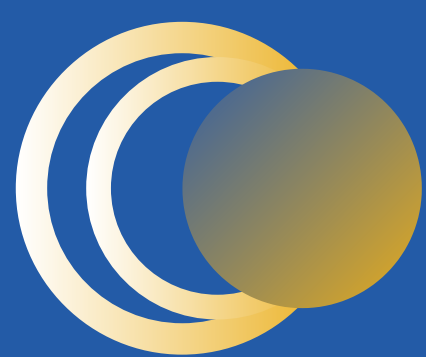
CPD Lunchtime :

Pregnancy – Lisa Fendall

Wednesday 16th Nov (12.30pm – 1.30pm)

For further information and to book a place please email:

s4h.enhancedservices@nhs.net



Contact Us!

- Website **www.healthylifestylesiow.co.uk**
- Text **QUIT to 66777**
- Call **01983 642369 or 0800 999 1396**