

Contraception & Exploitation Local Updates

Pharmacy CPD

24/01/2023, 6.30pm – 9pm

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Agenda & Learning Outcomes

Shared understanding of local data related to reproductive and sexual health in Portsmouth (Hannah Byrne, Public Health Portsmouth)

Celebrating, learnings from and updates on the Contraception Management in Pharmacy (CMP) Pilot in Portsmouth (Alison Freemantle, CPSC)

Improving knowledge to identifying and managing child exploitation in Portsmouth (Kelly Huggett, Portsmouth Childrens Safeguarding Partnership)

Contraception and local sexual health service updates (Clare Schofield, Sexual Health Service)

Reproductive and Sexual Health Data Portsmouth

Hannah Byrne

Health Development Manager (Sexual Health)

Public Health Portsmouth

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Percentage of births that are planned?

1/3 of births in Britain are unplanned or ambivalent



Impact on women:

- obstetric complications
- later for antenatal care
- antenatal and postnatal depression



Impact on children:

- birthweight
- mental and physical health
- do less well in cognitive tests



Indicator	Period	Portsmouth			Neighbrs average	England		England		
		Recent Trend	Count	Value	Value	Value	Worst/ Lowest	Range		Best/ Highest
Total abortion rate / 1000	2020	➔	950	20.6	18.8*	18.9	31.1		11.4	
Under 25s repeat abortions (%)	2020	➔	122	31.0%	28.8%*	29.2%	38.6%		17.9%	
Under 25s abortion after a birth (%)	2020	➔	88	22.3%	27.3%*	27.1%	48.4%		9.6%	
Over 25s abortion rate / 1000	2020	➔	556	19.5	18.1*	17.6	29.7		10.2	
Abortions under 10 weeks (%)	2020	⬆️	858	91.3%	87.7%*	88.1%	79.9%		93.8%	
Abortions under 10 weeks that are medical (%)	2020	➔	791	92.2%	92.3%*	93.1%	69.4%		99.6%	
Total prescribed LARC excluding injections rate / 1,000	2020	⬇️	-	30.8	-	34.6	5.3		60.9	
GP prescribed LARC excluding injections rate / 1,000	2020	➔	739	16.1	22.8*	21.1	0.0		51.5	
SRH Services prescribed LARC excluding injections rate / 1,000	2020	⬇️	675	14.7	13.1*	13.4	0.8		32.0	

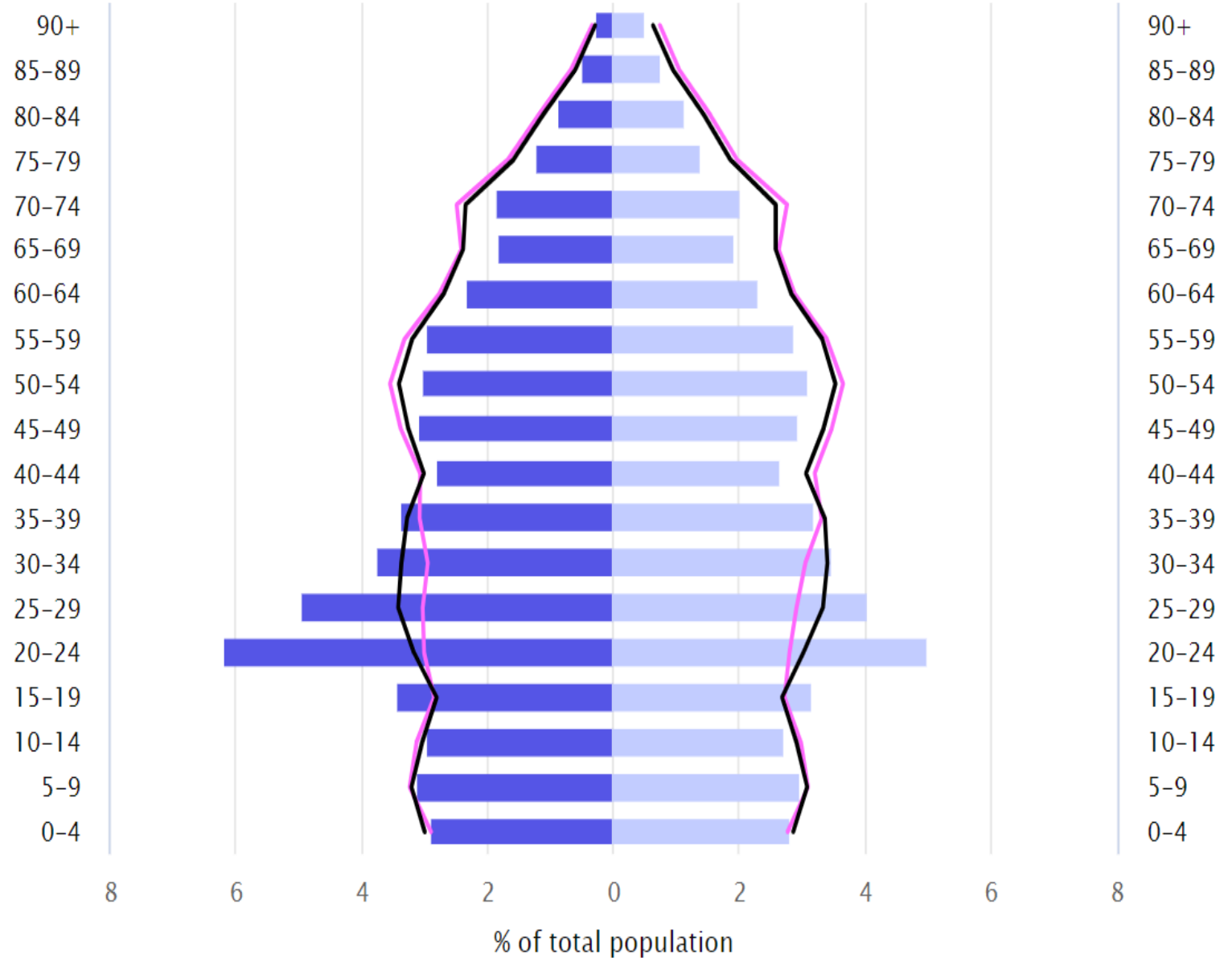
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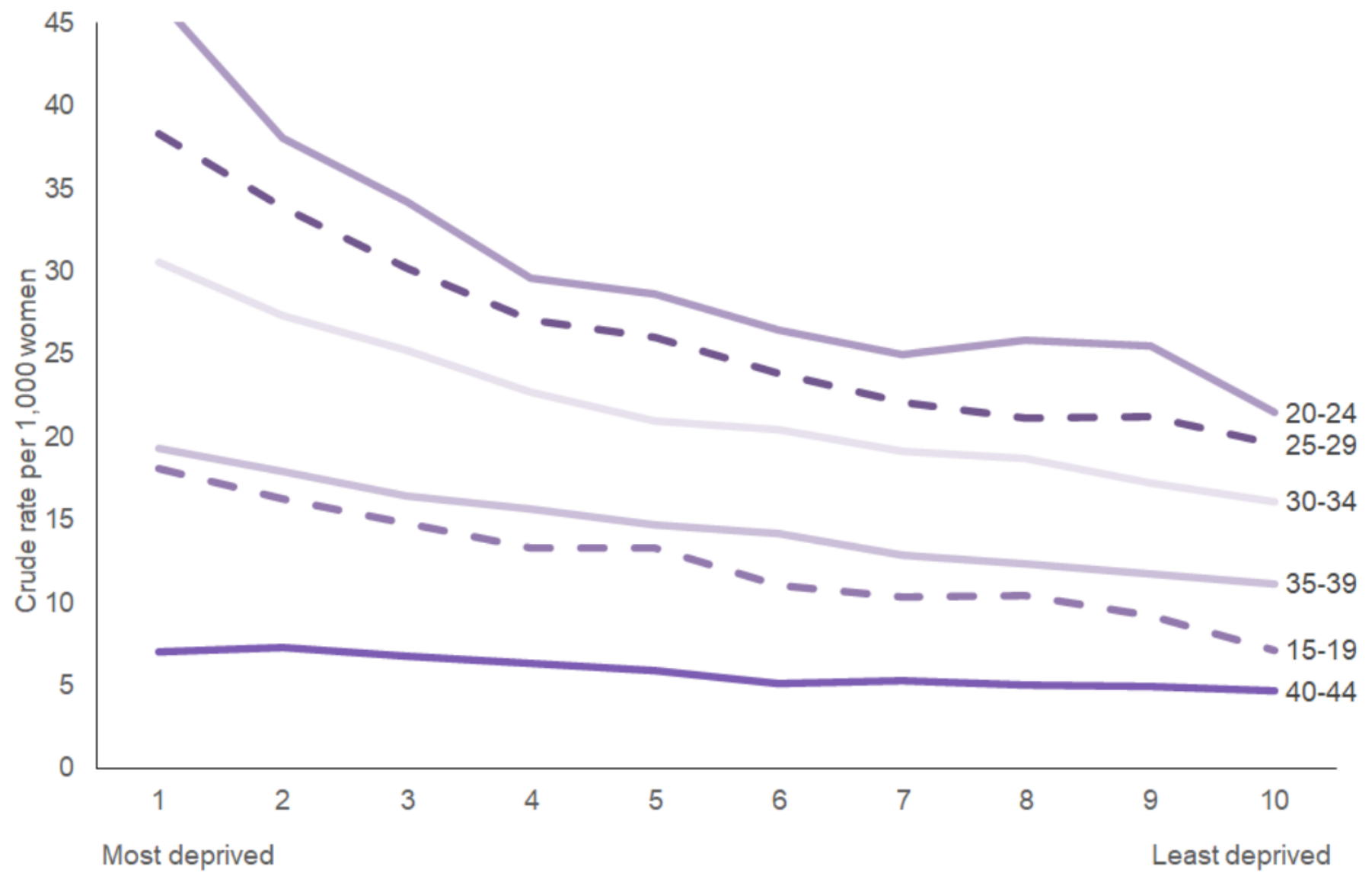
High abortion rate, slightly low LARC rate, most LARC in Sexual Health >40,000 women age 16 to 44 years, estimated >3,000 on no contraception

In bands of 5 years, what are the largest 2 age bands in Portsmouth?

Population age profile
Resident population 2019



Crude abortion rate per 1,000 women, by age and IMD decile, England 2021



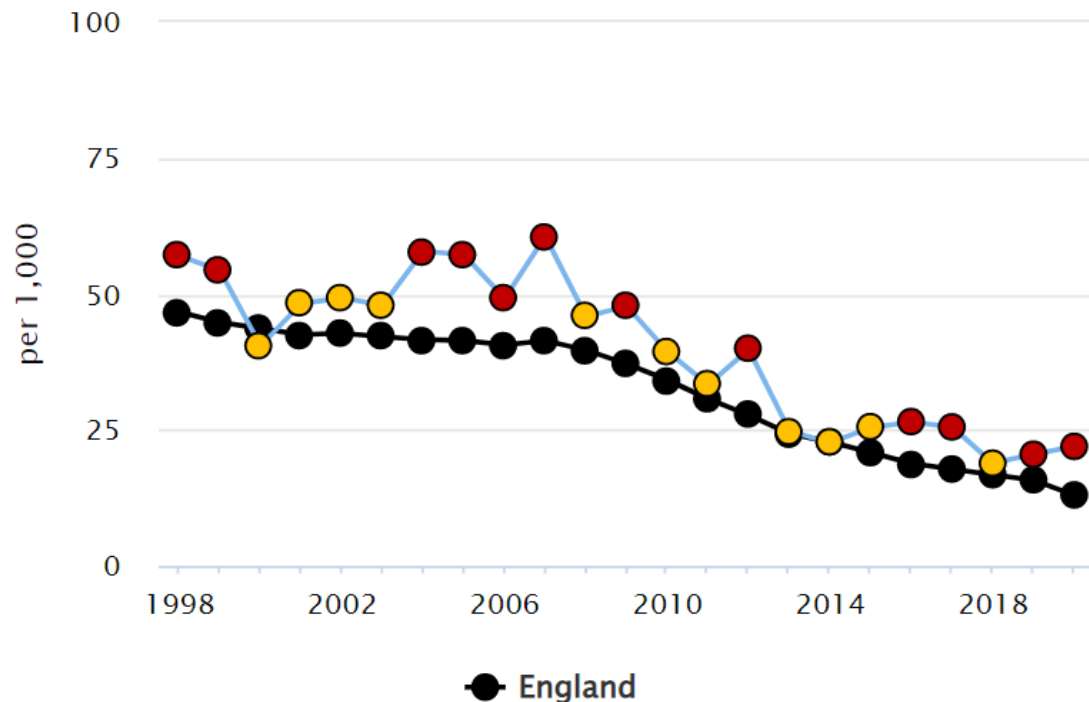
Translation of local data: Abortion service

Data	Translation	Action required
High abortion rate	High demand	Improve contraception uptake (any)
High repeat abortion (over 25s compared against England, but similar to comparator areas)	Good access	Can signpost to British Pregnancy Advice Service (BPAS) when required
High rate under 10 weeks gestation		
Higher rates for those living in the 5 th most deprived deciles	Among those taking up LARC least (6 th most deprived)	Improve access to Fit & Forget methods of contraception for residents with financial hardship

Teenage Conceptions: >50% leading to abortion

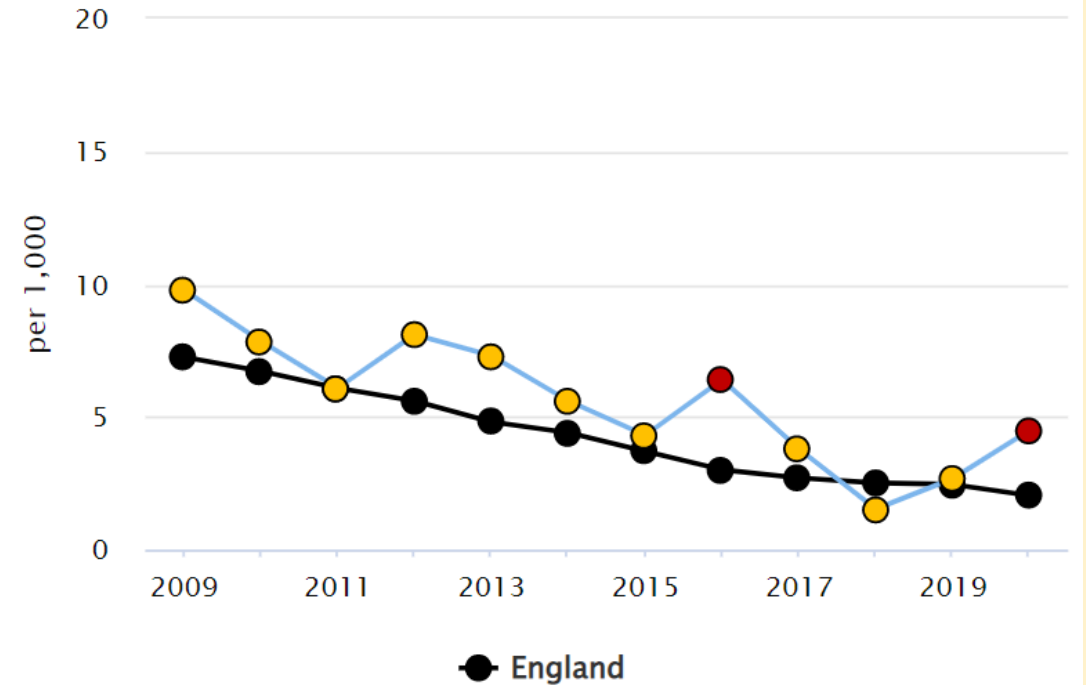
Under 18s conception rate / 1,000

[Show confidence intervals](#) [Show 99.8% CI values](#)



Under 16s conception rate / 1,000

[Show confidence intervals](#) [Show 99.8% CI values](#)



No lower or upper age cap

Consideration: on average approx. 50 CYP in Portsmouth at risk of CSE and 100 at risk of CCE (some CYP at risk of both)

STIs and HIV: Portsmouth

- High prevalence of HIV
- Increased late diagnosis (>50%)
- Second highest rate of new STIs in South East
 - Highest STI testing rate
- Free postal home-sampling kits available
 - Free condoms by post

www.letstalkaboutit.nhs.uk

Summary

- High rate of abortions, rising
 - Recent upward trend of teenage conception
- High numbers requiring contraceptive interventions
- Prevention and early interventions for STIs and HIV
available for residents