

Prescribing and Medicines Optimisation Bulletin - Special Edition

Issue: 108

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WAAW

World Antimicrobial Resistance Awareness Week

18 - 24 Nov 2024

Educate

Advocate

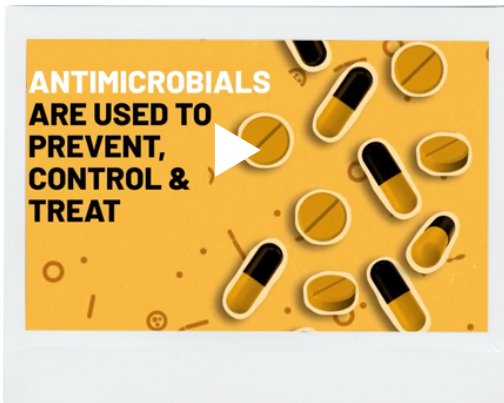
Act now

Welcome To Our Special Edition Bulletin!

The WHO theme for World AMR Week (WAAW) for 2024 is 'Educate. Advocate. Act now'. This year we are asking more sectors across Hampshire and Isle of Wight, including primary schools and dental practices, to take part in WAAW to support a One Health approach to antimicrobial resistance. The actions listed below support the new 5 year AMS National Action Plan (NAP). Click on the three images below to access WHO posters. Read on to find out how you can take part in WAAW 2024.

**EDUCATE. ADVOCATE. ACT NOW.**

1. Educate



Help patients understand the importance of preserving our antibiotics and how antimicrobial resistance affects us all.

Videos, posters and leaflets

- Display videos and posters in patient areas. Click on these images to the left and on previous page to access the resources.
- Give patients TARGET leaflet to reinforce discussions had in the consultations: safety netting, self-care and education on antimicrobial resistance. These can be printed in multiple languages from [TARGET website](#) or [sent on AccuRx via SMS](#).



Support the Antibiotic Amnesty

Community pharmacies are taking part in an antibiotic amnesty. Please encourage patients to return unused antibiotics to their local pharmacy.

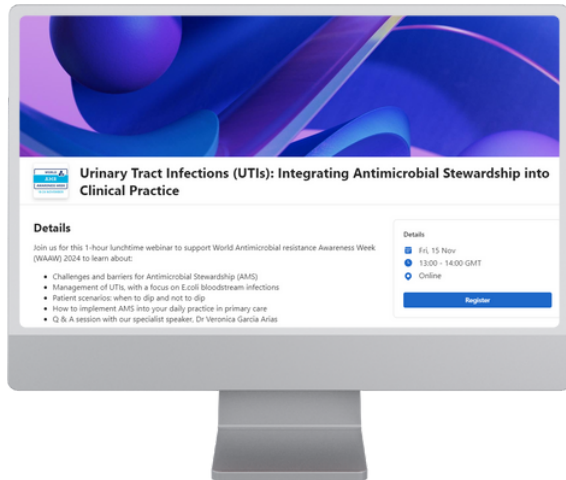
Leftover Antibiotics?
Take them to a Pharmacy

#AntibioticGuardian
#KeepAntibioticsWorking

EDUCATE. ADVOCATE. ACT NOW.

1. Educate

As well as encouraging patient education about antimicrobial resistance (AMR), the new 5 year national action plan (NAP) 2024-2029, aims to increase awareness of AMR in the workforce.



[Register here](#) >

Webinars

Register for a FREE webinar. These can be found in the Events Calendar under the Antimicrobials heading on the Medicines Optimisation learning and development page here.

SCAN Guidelines

Now with over 1,400 members, please ensure all prescribers in your organisation can access SCAN Guidelines either on their desktop or via the Eolas app. [Click here for access details.](#)



Shortest effective courses

Refresh your knowledge on 5 days for 5 RTI infections.

An OptimiseRx message to support this learning will be switched on in GP practices just for amoxicillin 500mg scripts for the 7 days of WAAW. This was trialled successfully in Frimley ICB last year.

5 DAYS FOR 5 INFECTIONS (ADULTS)

	Sore Throat (if antibiotic indicated) Phenoxymethylpenicillin 500mg four times a day for 5 days for symptomatic cure OR clarithromycin 250mg to 500mg twice a day for 5 days OR erythromycin 250mg to 500mg four times a day for 5 days
	COPD (acute infective exacerbation) Amoxicillin 500mg three times a day for 5 days OR doxycycline 200mg day 1 and then 100mg daily on days 2-5 OR clarithromycin 500mg twice a day for 5 days
	Acute Cough (if antibiotic indicated) Doxycycline 200mg day 1 then 100mg daily on days 2-5 OR amoxicillin 500mg three times a day for 5 days OR clarithromycin 250mg to 500mg twice a day for 5 days OR erythromycin 250mg to 500mg four times a day or 500mg to 1g twice a day for 5 days
	Community Acquired Pneumonia Amoxicillin 500mg to 1g three times a day for 5 days OR doxycycline 200mg on day 1, then 100mg daily on days 2-5 OR clarithromycin 500mg twice a day for 5 days OR erythromycin (in pregnancy) 500mg four times a day for 5 days
	Acute Sinusitis (if antibiotic indicated) Phenoxymethylpenicillin 500mg four times a day for 5 days OR if systemically very unwell co-amoxiclav 500/125mg 1 three times a day for 5 days OR for penicillin allergy doxycycline 200mg on day 1, then 100mg daily on days 2-5 OR clarithromycin 500mg twice a day for 5 days OR erythromycin (in pregnancy) 500mg four times a day for 5 days

RECOMMENDED FIRST LINE ANTI-BIOTIC TREATMENT (CHECKED APRIL 2023)

EDUCATE. ADVOCATE. ACT NOW.

2. Advocate



The Antibiotic Guardian (AG) campaign is 10 years old this year. Show your support by becoming an antibiotic guardian. You can also register your organisation's pledge and activities for WAAW 2024, and you will receive a AG certificate which you can display in your practice and on your website.



[Pledge here](#)



Action Plan

Complete your Good Practice Action Plan, a place to collate all the great AMS work you and your organisation are doing and fantastic piece of evidence for CQC visits. This was written for GP practices but could be tweaked for other settings.



Antibiotic Schools' Ambassador

Healthcare professionals, vets, vet nurses, public health and scientists are invited to connect with local schools and community groups in order to provide a teaching session or promote a toolkit of lesson planning resources. Click here for more information.



EDUCATE. ADVOCATE. ACT NOW.

3. Act now

A list of ideas for how you and your workplace can take part in WAAW 2024 can be found here:

Choose your activities

GP Practice >

Community Pharmacy >

Secondary care >

UTC and OOH services >

Dental practice >



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[Local medicines optimisation teams can be contacted via their generic team mailbox here](#)

[Previous bulletins can be found hosted on the ICS website here](#)

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