## HAMPSHIRE CAMHS

## INFORMATION & ADVICE SESSION

YOUNG PERSON'S MENTAL HEALTH

10am - 2pm

The Arc, Jewry Street Winchester, SO23 8SB

This is an opportunity for parents/carers, professionals or young people to come and chat to our CAMHS clinicians, ask questions, get advice and resources.

Bookable slots available via our website or just drop in.



7 May
4 June
2 July
6 August
3 September
1 October
5 November
3 December

hampshirecamhs.nhs.uk

STUDENTS AND STUDENTS PEOPLE YOUNG PEOPLE WELCOME