

# Allergy Webinar Training Sessions



## Speakers

### **Sally-Ann Denton RD**

Lead Children's and Adult Specialist Allergy Dietitian  
University Hospital Southampton



### **Dr Helen Howells**

GP WER in Paediatric Allergy, University Hospital  
Southampton & Primary Care Group Chair for BSACI



### **Dr Phil Wylie**

General Paediatrician, Dorset County Hospital  
Special Interest in Paediatric Allergy



Please save the date for an online Food Allergy course to provide training for GP's, Pharmacist's, ANP, Health Visitors & Trainee's.

If this is something of interest to you, please contact [Adam.moran@rb.com](mailto:Adam.moran@rb.com) stating which dates you would like to attend (information below).

## Main sessions on CMPA

### Main Session 1 with Dr Helen Howells

Tuesday 3<sup>rd</sup> November – 9:30am-11am

#### Topics

- Overview of Allergic Conditions
- Understanding Food Allergy
- Clinical Examination and Diagnosis
- When to Refer

### Main Session 2 with Dr Helen Howells

Tuesday 10<sup>th</sup> November - 9:30am-11am

#### Topics

- Management of Food Allergy
- Aspects to consider for Primary & Secondary Care
- Post Diagnosis Care

## Key Subjects on CMPA

### Food Allergy History with Dr Helen Howells

Monday 2<sup>nd</sup> November – 6:30pm-7:30pm

#### Topics

- Differentiating allergy from other causes
- Interpreting allergy tests
- Case Histories

### Wessex Cows Milk Protein Allergy Guidelines with

Dr Helen Howells & Sally-Ann Denton

Wednesday 11<sup>th</sup> November – 6:30pm-7:30pm

#### Topics

- How to diagnose CMPA
- How to manage milk allergy
- Common feeding difficulties

### Hospital Referral – Allergy Clinics with Dr Phil Wylie

Tuesday 17<sup>th</sup> November – 6:30pm-7:30pm

#### Topics

- Case history of severe/multiple food allergy referrals
- More complex Non-IgE
- Red flags
- IgE Management

### CMPA Milk Ladder with Sally-Ann Denton

Thursday 26<sup>th</sup> November – 6:30pm-7:30pm

#### Topics

- The principles of the milk ladder
- When and where not to use a milk ladder
- Practicalities

This meeting is only open to HCPs across the Wessex CCGs

Mead Johnson Paediatric Nutrition Institute has funded and supported the development of this meeting. Presentations solely reflect the views of the authors and arrangements made in accordance with the BSNA Infant Nutrition Industry Code of Practice.

**IMPORTANT NOTICE: Breastfeeding is the best nutrition for babies.**