

Safe use of Valproate in Women and Girls

Latest FREE* Online Course

Valproate (Epilim, Depakote, Convulex, Episenta, Epival, Kentlim, Orlept, Sodium Valproate, Syonell, Valpal, Belvo & Dyzantil)

Contraception and Pregnancy Prevention – Important information to know

- Valproate is an effective medicine for epilepsy and bipolar disorder.
- Valproate can seriously harm an unborn baby when taken during pregnancy.
- Always use effective contraception at all times during your treatment with valproate.
- It is important to visit your specialist to review your treatment at least once each year.

These medicines are subject to additional monitoring. Report any side effects to www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store.

Keep this card safe so you always know what to do.

Are you aware that NHSE&I **wrote to all** women and girls of childbearing age **prescribed valproate** recently?

Did you know that **180 women** have been prescribed valproate recently **whilst pregnant?**

Do you and your team understand what actions you should **take every time** you dispense valproate to women of childbearing age?

This short training module **will answer all** of these questions and can be used as **CPD** by registered professionals

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