



# Curious Conversations

This is a rolling bi-monthly programme of events providing staff with the opportunity of hearing and learning about both challenging and interesting subjects from a variety of guest speakers.

You will be able to find links to the events in the Events Calendar in the Health and Wellbeing section of StayConnected.

The team would love to hear from you about your ideas or topics that you would like to present on. Please contact [nicola.kenny1@nhs.net](mailto:nicola.kenny1@nhs.net).

## CONFIRMED EVENTS

### **Domestic Violence**

3 March 2022, 2-3pm

Kelly Vernon

### **Baby Loss Awareness**

5 April 2022, 11am-12pm

Julie Gumbrell

### **Suicide Awareness**

7 June 2022, 1-2pm

Simon Cooper

### **Post-Traumatic Stress Disorder (PTSD)**

12 August 2022, 11.30am-  
12.30pm

Alan Horsburgh

### **Nutrition and Hydration**

12 October 2022, 12.30-  
1.30pm

Kirsty Wood

### **HIV on World AIDs Day**

1 December 2022, 11.30-  
12.30pm

Steve Cummins

