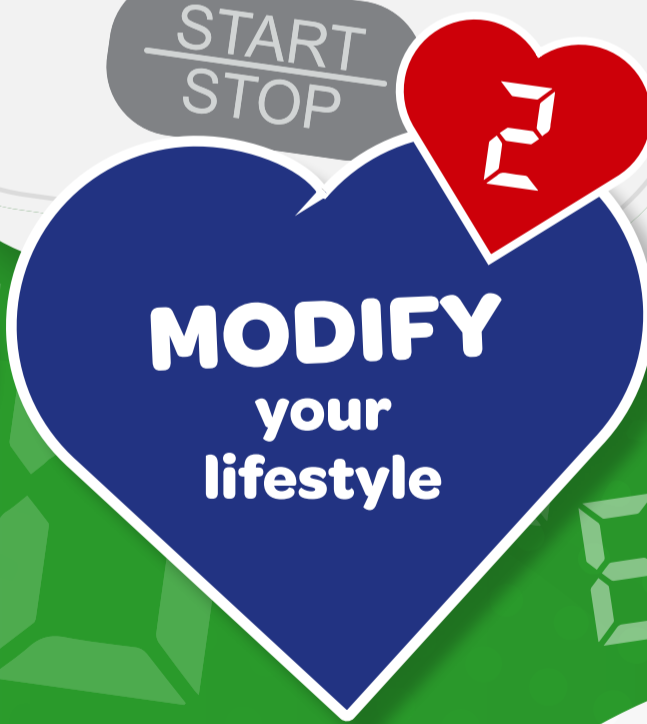




Blood Pressure UK
Helping you to lower your blood pressure

Take the **Measure It** challenge



Know Your Numbers!®
Week 2022
5-11 September

Learn more at
bloodpressureuk.org
#KnowYourNumbers

Fight high blood pressure to STOP stroke and heart disease.