

# BOOST YOUR IMMUNITY THIS WINTER

## FLU + COVID-19 BOOSTER VACCINES

The flu virus changes every year and protection from your COVID-19 vaccine decreases over time. If you're over 50, in an at-risk group, or pregnant, you are eligible for a free flu vaccine and a COVID-19 booster.

**Ask our pharmacy team for more information.  
Find out how to book at [nhs.uk/wintervaccinations](https://nhs.uk/wintervaccinations)**

**GET BOOSTED. GET PROTECTED.**