### **CPPE Workshops**

July – September 2025



#### CENTRE FOR PHARMACY POSTGRADUATE EDUCATION

## NEW: Depression: having meaningful conversations

This online event will help you to develop your skills and confidence in using a person-centred approach to having conversations with people about depression.

Workshop duration: 1 hour 45 minutes

Suitable for Pharmacists, trainee pharmacists, and pharmacy technicians.

Click here to book your place.

# Valproate: the hard conversations

This online workshop will help you to manage the risks associated with valproate. It will cover person-centred approaches to conversations about risks of valproate use in pregnancy and the need for effective contraception.

Workshop duration: 1 hour 45 minutes.

Suitable for Pharmacists, trainee pharmacists, and pharmacy technicians.

Click here to book your place.

## Type 2 diabetes: supporting people better

This online workshop will enable you to better support people with type 2 diabetes by applying the principles of the NICE guidance (NG28) into your practice. The workshop provides opportunities to discuss how these changes can positively support patient care.

Workshop duration: 1 hour 45 minutes.

Suitable for Pharmacists, trainee pharmacists, and pharmacy technicians.

Click here to book your place.

### NEW: Blood pressure monitoring in community pharmacy- essential skills

This face-to-face workshop will help you to develop the confidence needed to undertake person-centred consultations, communication and clinical assessments to provide the NHS Hypertension case-finding service.

Workshop duration: 2 hour 30 minutes

Suitable for Pharmacists, trainee pharmacists, and pharmacy technicians.

Click here to book your place.

# Optimising infection management

This online workshop will help you optimise infection management by interpreting antimicrobial prescribing metrics, identifying quality improvement opportunities, and recognising infection prevention and control as an integral part of antimicrobial stewardship.

Workshop duration: 2 hours.

Suitable for Pharmacists, trainee pharmacists, and pharmacy technicians.

Click here to book your place.

## Asthma – optimising adherence to medicines

This online workshop will develop your skills and confidence to support people to optimise their adherence to medicines in asthma. You will consider how to identify non-adherence, the different types of non-adherence and how to use a person-centred approach to optimise adherence through personalised interventions.

Workshop duration: 1 hour 45 minutes.

Suitable for Pharmacists, trainee pharmacists, and pharmacy technicians.

Click here to book your place.

## Deprescribing opioids in people with chronic pain

The aim of this online learning programme is to develop your skills and confidence to support people living with chronic pain. You will consider the safe and effective use of medicines, focusing on opioids, and how to use

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a person-centred approach to empower people to live well with pain.

Workshop duration: 1 hour 45 minutes.

Suitable for Pharmacists, trainee pharmacists and pharmacy technicians.

Click <u>here</u> to book your place.

## Familial hypercholesterolaemia: supporting people better

This online workshop will provide an understanding of familial hypercholesterolaemia (FH), including its identification and management. It aims to improve care for those with known FH and help identify undiagnosed individuals, supporting them in making informed decisions about their condition

Workshop duration: 1 hour 45 minutes.

Suitable for Pharmacists, trainee pharmacists, and pharmacy technicians.

Click here to book your place.

### Chronic Obstructive Pulmonary Disease Focal Point

This online workshop will enable you to interpret and apply clinical guidance to support people living with COPD. You will consider how to optimise treatment and use a person-centred approach to empower people living with COPD to self-manage their condition.

Workshop duration: 1 hour 45 minutes.

Suitable for Pharmacists, trainee pharmacists, and pharmacy technicians.

Click here to book your place.

### **Emergency Contraception**

This online workshop will enable you to provide highquality emergency contraception services as part of your pharmacy practice. It is an opportunity to hear from a guest speaker about contraception and sexual health.

Workshop duration: 2 hours.

Suitable for Pharmacists, trainee pharmacists, and pharmacy technicians.

Click here to book your place

## Medicines Reconciliation in transfer of care

This online workshop will support pharmacy professionals to undertake medicines reconciliation as part of an integrated care system with a focus on safe transfer of care.

Workshop duration: 1 hours 45 minutes

Suitable for Pharmacists, trainee pharmacists and pharmacy technicians.

Click <u>here</u> to book your place.

## Supporting people living with frailty

This online workshop introduces the topic of supporting people living with frailty. It will help you to describe what frailty means, recognise people living with frailty and offer them appropriate support.

Workshop duration: 2 hours.

Suitable for Pharmacists, trainee pharmacists and pharmacy technicians.

Click here to book your place.

### The Mental Capacity Act 2005 and covert administration of medicines

This online workshop, supported by a guest speaker, will help to develop your knowledge and skills to help you manage and optimise care for people who might lack mental capacity to make a specific decision relating to their medicines at a given point in time.

Workshop duration: 2 hours.

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Click here to book your place.

### Mental health & wellbeing

This online workshop focuses on common mental health conditions seen in primary care. It will enable you to support people with a mental health condition to optimise their medicines. You will work through simple and more complex case studies to apply knowledge and share best practice.

Workshop duration: 6 hours 30 minutes.

Suitable for Pharmacists, trainee pharmacists and pharmacy technicians.

Click <u>here</u> to book your place. Select the core workshop, not primary care pathways workshop

#### Neurology in primary care

This online workshop, supported by a guest speaker, will update your clinical knowledge on managing multiple sclerosis, Parkinson's, and brain injury. Enhance medicine optimisation and support seamless care transitions in domiciliary and care settings.

Workshop duration: 3 hours.

Suitable for Pharmacists, trainee pharmacists and pharmacy technicians.

Click <u>here</u> to book your place (read note about keycodes when booking to select the correct workshop)

### Supporting people living with Dementia (online)

This online workshop will support you to develop your knowledge and skills to enable you to recognise, manage and optimise care for people living with dementia, and their carers.

Workshop duration: 2 hour 30 minutes

Suitable for Pharmacists, trainee pharmacists and pharmacy technicians.

Click <u>here</u> to book your place.

#### Deprescribing

This online workshop will help develop your knowledge and skills to enable you to take a shared approach to the safe and appropriate deprescribing of medicines.

Workshop duration: 2 hours 30 minutes.

Suitable for Pharmacists, trainee pharmacists, and pharmacy technicians.

Click here to book your place.

### NHS Pharmacy Contraception Service (PCS) panel discussions

This webinar is a panel discussion including representatives from NHSE, Community Pharmacy England (CPE) and pharmacists delivering the contraception service to answer any questions that were raised during the face-to-face workshops that link to best practice service delivery.

Workshop duration: 1 hour

Suitable for Pharmacists, trainee pharmacists, and pharmacy technicians.

#### Click here to book your place Pharmacy First: Clinical assessment & examination skills workshop

This face-to-face workshop compliments the e-learning programme to support pharmacists to develop the knowledge, skills and confidence needed to provide the NHS Pharmacy First service.

Workshop duration: Full day (7.5 hours)

Suitable for pharmacists and trainee pharmacists working in a community pharmacy setting. Click <u>here</u> to book your place

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#### Pharmacy First: Ear, nose & throat (ENT) examinations

This face-to-face workshop will enhance your clinical assessment and history taking skills for effective, person-centred ear, nose & throat examinations to delivery Pharmacy First services.

Workshop duration: 3 hours

Suitable for pharmacists working in a community pharmacy setting

Click <u>here</u> to book your place

### Preparing to train as an independent prescriber (IP)

This online workshop is linked to the CPPE Preparing to train as an independent prescriber e-course and will equip you with the necessary skills, confidence and competence to begin your IP training.

Workshop duration: 2 hours

Suitable for pharmacists only

Click here to book your place

## Reflective practice for pharmacy technicians

As the roles of pharmacy professionals expand and diversify, reflection remains a powerful tool to help improve decision making and ensure high-quality provision of care. This workshop will help guide you to start or continue your reflective practice journey to support the changing and expanding roles in pharmacy.

Workshop duration: 2 hours

Suitable for pharmacy technicians only

Click here to book your place

## Academic writing and reflective practice

This online workshop is valuable for those completing their advanced practice portfolios and an optional part of the Preparing to train as an independent prescriber programme. The aim of this programme is to support you to gain more confidence in academic writing and reflection in preparation for your HEI course such as independent prescribing or another Master's level course or portfolio submission.

Workshop duration: 2 hours

Suitable for all pharmacy professionals who wish to improve their ability to demonstrate competence in the skills required for learning at Higher Education Institutes (HEIs) level 7 (Master's degree)

Click <u>here</u> to book your place





